

Strategic Direction Progress Report: October 2021

Featured Updates & Progress

Goal A. APNA will be the indispensable resource for member networking, leadership, and professional development.

Through Education

- **APNA reaccredited as a provider** of nursing continuing professional development through 11/30/2025.
- APNA Transitions in Practice: Updated program released **January 2021 with 16 contact hours**
- APNA Competency-Based Training for Suicide Prevention: PMH Nurse Generalist Role
 - **Virtual training** piloted and launched. Currently offered to APNA Chapters at a reduced rate.
 - **Renewal course** launched June 2021.
- Opioid Response Network: Funded 5 Free on-demand presentations on substance use with **6 new presentations in development**
- Motivational Interviewing Program: Free through the end of the year. 83.15% of learners intend to make changes to their practice
- Free Medication Assisted Treatment Waiver Trainings (in partnership with PCSS-MAT) updated and available
- *Journal of the American Psychiatric Nurses Association*: Contact hours (1 or 1.25 per issue) are FREE to members and non-members.
- APNA Certificate Program: Understanding the Brain-Behavior Connection
- Annual Conference Louisville event pivoted to **fully virtual** due to COVID-19 pandemic
- Clinical Psychopharmacology Institute offered virtually
- APNA eLearning Center
 - Monthly free CE for members – 4 sessions each month for members
 - Additional free sessions offered to members and non-members throughout the year

Through APNA Programs

- Research Grants program: **New research grant priority areas** identified for grant cycle in 2021 and 1 proposal funded
- APNA Annual Awards recognize and celebrate leaders each year: 8 Recipients recognized for 2021
- Board of Directors Scholars – identifies rising psychiatric-mental health nursing leaders and provides them membership and conference attendance.
 - 30 students funded for 2021 & 1 student funded through the Industry Sponsored Scholarship (a part of APNA's Industry Partner Sponsorship Program)

Through Chapters

- 34 chapters covering 42 states
- APNA provides accredited NCPD for many chapter conferences
- APNA offers the Chapters the opportunity to host virtual live **APNA Competency Based Training for Suicide Prevention** with reduced registration prices

- Open chapter orientations and meetings with chapter leaders held regularly to orient new chapter leaders to APNA mission/purpose, chapter rules & regulations, resources, and their roles. Online orientation video available in Chapter Toolkit.
- Many chapters hold local networking events on an ongoing basis such as meet and greets, book clubs, and sponsored dinners. They have pivoted quickly to holding virtual events to offer continued connection.

Through Councils & Task Forces

- **Diversity Equity and Inclusion Advisory Committee:** Chairs appointed and members selected, currently reviewing APNA position papers to make recommendations to the board.
- **Seclusion & Restraint Task Force:** Review & update of APNA Position on the Use of Seclusion & Restraint and the APNA Seclusion & Restraint Standards of Practice is underway.
- **Staffing Inpatient Units Task Force:** Review and update of the APNA position is anticipated for completion by the end of the year.
- **Tobacco Dependence Competencies Task Force:** 4 pre-conference sessions on implementing the competencies will be piloted at the Annual Conference
- APNA and ISPN Task Force working with ANA to finalize updates to the **Psychiatric-Mental Health Nursing: Scope and Standards of Practice**
- **Addictions Council:** JAPNA Special Issue to be published in 2022 - Substance Use Treatment & Psychiatric Nursing: Integrating Care
- **Practice Council:** Position paper on psychotherapy being finalized for November

Through Communications

- **Launch of new website and system** enables members to better locate resources, get involved with APNA, and more.
- Ongoing updates to collection of **trusted resources, policy updates, education, and more** to help members stay up to date
- Ongoing multi-channel communication highlights member leadership, professional development opportunities, and networking.

Goal B. APNA will be the leader in creating strategic alliances with key stakeholders.

Through relationships with Nursing Organizations

- New partnership with **The Daisy Foundation**
- Representation on the American Nurses Association **Nurse Suicide Prevention group**
- APNA participation in **The Well-Being Initiative** with American Nurses Foundation, American Nurses Association, American Association of Critical Care Nurses, Association of PeriOperative Registered Nurses, and Emergency Nurses Association
- **Comments submitted on draft** 2021 National Task Force Standards and Criteria for Evaluation of Nurse Practitioner Programs, 6th Edition.
- Continued **Premiere Organizational Affiliate** status with American Nurses Association, organizational membership with Nursing Organizations Alliance and Nursing Community Coalition

- ANA and ANCC relationships continued through agreements for discounts on ANCC Certification Exam fees (ANCC). Agreement renewal in process.
- APNA representation at events and on workgroups with a large variety of additional nursing organizations

Through relationships with National Organizations

- **Completed a two-year SAMHSA grant** to deliver and test-pilot evidence-based substance use disorder curriculum to undergraduate and graduate nursing programs
 - Program exceeded goals of delivery of curriculum both years
- ORN (Opioid Response Network): **Renewal of Grant for 2021-2022**: 5 free mini sessions on SUD; 2 in-person MAT 8-hour virtual trainings, Creation of an SBIRT pocket card, communications highlighting education and resources
- President involvement (Chair) in the **NASEM Workshop on Strategies and Interventions to Reduce Suicide Planning Committee**
- February 2021 meeting with the **Government Accountability Office** to inform their study on the behavioral health impacts of COVID-19.
- APNA is NCPD provider for APA's Clinical Support System for Serious Mental Illness (5-year grant funded project)
- APNA participation on HRSA Nurse Corps Funding for Psychiatric-Mental Health NPs webinar
- Partnership with American Academy of Addiction Psychiatry / PCSS-MAT – APNA representation on Steering Committee; APNA and PCSS-MAT co-providing 24 hours of training
- Nominations requested and submitted for FDA Sanctioned Opportunity to Evaluate the REMS Programs for Psychiatric Medications
- Representatives at events and with groups hosted by a variety of additional stakeholders

Through relationships with Industry Organizations

- Product Theater and Symposia Presentations at APNA conferences
- Industry Partner Sponsorship: Janssen, Neurocrine
- Partnered with Johnson & Johnson for the **Nurses Innovate Quickfire Challenge in Mental Health** – provided reviewers and judges for first and second rounds of candidate evaluation

Goal C. APNA will be recognized as the expert voice for psychiatric-mental health nursing to stakeholders.

Through National Communications

- **New website** enhances APNA visibility and search engine optimization so that it is easier for stakeholders to find us.
- **Letter to the FDA expressing concerns** about the new Clozapine REMS and its impact on patient care along with recommendations.
- Ongoing multichannel communications highlight member expertise and resources for stakeholders
- Recommendations and referrals to media inquiries regarding areas of interest in psychiatric-mental health nursing

- APNA **participation Johnson & Johnson Quickfire Challenge**
- APNA Responses to Federal Legislation and Policy: See www.apna.org/advocacy
- APNA Position Statements are reviewed and updated or created as needed

Through dissemination of resources

- Release of the **APNA Nursing Competencies for Treating Tobacco Use Disorders**
- APNA Transitions in Practice Program adopted by **more than 110** organizations
- Competency-Based Training for Suicide Prevention **now available virtually**
- Competency Based Training for Suicide Prevention for Acute Care Nurses **meets CMS Meaningful Measures**
- **5 mini sessions on substance use** freely available through partnership with Opioid Response Network
- Family Presence Policy Decision Making Toolkit endorsed by BOD in May 2021
- Motivational Interviewing course free to everyone all year, enabling many nurses and nursing students to learn these important skills delivered by APNA

Through representation on national committees and task forces

- National Partnership on Behavioral Health and Tobacco Use
- National Quality Forum Virtual Healthcare Quality Action Team
- National Academies of Sciences, Engineering, and Medicine's Forum on Mental Health and Substance Use Disorders
- SAMHSA Expert Panel: Making Integrated Mental health and Substance Use Treatment Services Available to People with Co-Occurring Serious Mental Illness and Opiate Use disorder
- University of Michigan Ann Arbor's Behavioral Health Work Force Research Center
- LACE Network
- ANA Premiere Organizational Affiliate
- AAGP Gray Matters Coalition
- National Task Force for Quality Nurse Practitioner Education
- AACN Essentials Task Force
- Emergency Nurses Association APRN Stakeholder Group
- National Quality Forum for VA Same-Day Access Measurement for Primary Care and Mental Health Services
- ANA Healthy Nurse Health Nation Advisory Committee

Goal D. APNA will be the leader in integrating research, practice, and education to address pressing mental health policy issues that affect psychiatric-mental health nursing and the population served.

Through Education

- **Completed a two-year SAMHSA grant** to deliver and test-pilot evidence-based substance use disorder curriculum to undergraduate and graduate nursing programs
- Delivery of APNA Competency Based Training for Suicide Prevention – **renewal course now available**

- **Tobacco Dependence Competencies Education** to be piloted at the APNA Annual Conference
- **Updated APNA Transitions in Practice Curriculum** provides evidence-based foundational education to PMH-RNs to help improve retention, satisfaction, and outcomes
- 5 free mini **sessions on substance use**
- Continued expansion of continuing education to bring current evidence-based knowledge to nurses.
- Free webinar series, **Effective Treatments for Opioid Use Disorders**, provides knowledge based on research and best practices needed by nurses to help address current opioid epidemic
- Jointly providing MAT training for APRNs with PCSS-MAT
- Offering of Motivational Interviewing program for free to everyone through December

Through the Journal of the American Psychiatric Nurses Association

- **JAPNA Special Issue to be published in 2022 - Substance Use Treatment & Psychiatric Nursing: Integrating Care**
- Presentations by Editor and Associate Editor on submitting and reviewing manuscripts at 2021 Annual Conference
- Board of Directors column in JAPNA focuses on broad issues affecting the profession
- Continued publication of papers by Councils and Task Forces on issues identified by the Board of Directors as priority for psychiatric-mental health nursing
- JAPNA Impact Factor of 2.385 (5-year impact factor 2.474)
- Issues include a continuing education article – totaling 6.0 contact hours for APNA members in JAPNA each year.

Through APNA Programs & Communications

- Ongoing joint task force work on revising and updating the **PMHN Scope & Standards**
- Research Grants Program: **New priorities identified for 2021**
- Board formation of a **Diversity, Equity, and Inclusion Advisory Committee** to inform APNA activities
- Workforce Task Force currently analyzing data from **comprehensive survey of the psychiatric-mental health nursing workforce**
- Neuromodulation Task Force: **Updated position statement on ECT** approved by the Board
- Review & update of APNA Position on the **Use of Seclusion & Restraint** and the APNA Seclusion & Restraint **Standards of Practice**, the APNA Position on **Staffing Inpatient Units**, and more is underway
- Submission of **Board feedback on the NTF Standards & Criteria for Evaluation of Nurse Practitioner Programs**, 6th edition.
- Continued communications around education and resources to help address the opioid crisis, violence prevention, responses to tragic events, need for self-care.
- Ongoing multichannel communications highlight research, practice, education, and policy issues to mobilize grassroots advocacy
- APNA responses to federal legislation: See www.apna.org/advocacy